Jump Start
Printed from “Teaching New Dancers” by Calvin Campbell”

I start almost every beginner dance party in a big circle where no one has to have partners. The dance is in the Ebook “Teaching New Dancers”. Even though the dance routine looks very simple, the music makes this dance work very well as the first dance of the evening.

Jump Start

Author Unknown

Formation: Big Circle, No Partners
Music: "When The Saints Go Marching In” 200/123 – Best of Hymns 2
“Tennessee Saturday Night” 219/126 – Ace Canon
“Cry of the Celts” (Bonus Track) 223/125 – Michael Flatley
“Bill Bailey” 223/119 – Lloyd Shaw Foundation

Description
Intro: “When the Saints Go Marching In” – Start moving when the singers start
“Tennessee Saturday Night” – 16 beat into.
“Cry of the Celts” – 16 beat introduction
“Bill Bailey” – 8 beat indtroduction

1-8 Everybody Circle Left 8 steps.
9-16 Circle Right 8 steps
17-24 Walk toward the center of the set 4 steps and then clap your hands 4 times.
25-32 Back away from the center of the set 4 steps and then clap your hands 4 times.

I’ve listed three tunes in dance description, but the tune I like the most is “Cry of the Celts“. There are two versions of the music on The Lord of the Dance. The version you want is the one that plays for 2:23 minutes. There is a 16 beat introduction which is a bit long, but just have the people tap their feet and count.

Here is a sample of “When the Saints Go Marching In“. If you are a youth minister, this version will really appeal to the teenagers.